

Jamie L. Chichy, DPT
Facility Director



Jamie L. Chichy, DPT joined COSM Rehab in March 2007 and has been practicing Physical Therapy in the Commonwealth of Pennsylvania since 2002. Ms. Chichy has an extensive orthopaedic background and specializes in the areas of women's health, as well as vestibular and balance rehabilitation.

Ms. Chichy is a 2002 graduate of Slippery Rock University where she received a Doctorate in Physical Therapy. In 1999, she graduated summa cum laude from Indiana University of Pennsylvania with a Bachelor of Science degree in Natural Science.

Ms. Chichy is a clinical instructor for Gannon University and the University of Pittsburgh and has presented various lectures for peers and community members on topics such as orthopaedics, vestibular/balance, and fall prevention. She is a member of the American Physical Therapy Association (APTA) and the Pennsylvania Physical Therapy Association (PPTA). Ms. Chichy is licensed by the Pennsylvania State Board of Physical Therapy and also maintains a "Direct Access" license.

**NEW PATIENT REFERRALS
ACCEPTED DIRECTLY
FROM ALL AREA PHYSICIANS**

For appointment, please call
Punxsutawney Office:
814.938.4447

HOURS

**M / W / TH
7:30 am to 6:30 pm
T / FRI**

7:30 am to NOON
*Other hours available by
appointment*

Flexible scheduling available



720 West Mahoning Street
Punxsutawney, PA 15767

888.990.2676

www.pacosm.com

**WELCOME TO
COSM REHAB**
Punxsutawney Office



WELCOME TO OUR PUNXSUTAWNEY OFFICE

We look forward to your visits! Our trained staff is friendly, cooperative and helpful.

It's very good to know that good-quality treatment can be had locally. We pride ourselves on keeping knowledgeable on the latest PT trends and equipment.

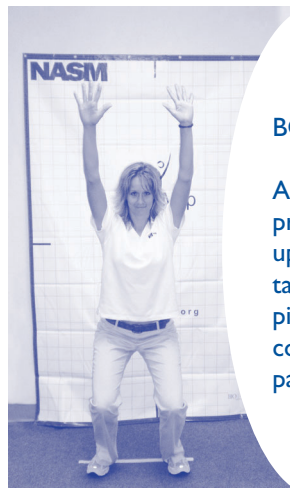
As part of the Center for Orthopaedics & Sports Medicine (COSM), you'll know your physical therapy needs are being met by the area's best PT team: COSM Rehab.

WE OFFER:

- Physical Therapy
- Occupational Therapy
- Aquatic Therapy
- Women's Health Programs
- Vestibular / Balance Therapy

TREATMENTS INCLUDE:

- All Types of Injuries, including but not limited to, sports and work-related injuries
- Sprains and Strains
- TMJ
- Low Back Pain
- Post-op Rehab
- Total Joint Rehab



BODY MAPPING

An individualized home exercise program (HEP) created based upon body mechanics in pictures taken of clients/patients. These pictures are entered into the computer and a specific patient/client HEP is generated.



OUR GYM

We offer a spacious gym with clean, properly maintained equipment.

AQUA ARK

One of the best treatments for rehabilitation! You move freely in heated water, with no stress to joints or to the back.



OUR STAFF



Paula Kostryk

Patient Service Coordinator

Paula Kostryk is our patient service coordinator. Paula joined the COSM Rehab team in December 2006. She has over nine years of experience as a patient service coordinator in a Physical Therapy setting.



Leigh A. Poole, PTA

Physical Therapist Assistant

Leigh A. Poole, PTA joined COSM Rehab in August of 2006 and has been practicing physical therapy since 2001. She is a graduate of The Pennsylvania State University with an Associate's Physical Therapist Assistant Degree. Leigh is a proud Punxsutawney native.

"Life is motion...Motion is life"